



## MIDDLE SCHOOL AFTERNOON PROGRAM OPTIONS 2025-2026

7th & 8th grade participation is encouraged and welcomed. Please be advised that commitment and attendance is expected at practices and games during the trimester.

Middle School students choosing to opt out of the Afternoon Program should choose “No Participation” during the registration and confirmation process.

### FALL TRIMESTER

---

#### ARTS

Dance  
Tech Theater—Costume Shop  
Tech Theater—Scene Shop

#### ATHLETICS

##### Competitive

Boys Cross Country  
Girls Cross Country  
Football (boys)  
Field Hockey (girls)  
Boys Soccer  
Girls Soccer  
Girls Volleyball  
Boys Water Polo

##### Non-Competitive

Robotics  
Team Manager (MS Team)

### WINTER TRIMESTER

---

#### ARTS

Tech Theater—Costume Shop  
Tech Theater—Scene Shop

#### ATHLETICS

##### Competitive

Girls Basketball  
Boys Basketball  
Girls Ice Hockey  
Boys Ice Hockey  
Girls Alpine Skiing  
Boys Alpine Skiing  
Girls Squash  
Boys Squash  
Boys Swimming & Diving  
Girls Swimming & Diving

##### Non-Competitive

Robotics  
Team Manager (MS Team)

### SPRING TRIMESTER

---

#### ARTS

Dance  
Tech Theater—Scene Shop

#### ATHLETICS

##### Competitive

Baseball  
Boys Golf (approx. cost \$350)  
Girls Golf approx. cost \$350  
Boys Lacrosse  
Girls Lacrosse  
Softball  
Boys Tennis  
Girls Tennis  
Boys Track & Field  
Girls Track & Field  
Ultimate  
Girls Water Polo

##### Non-Competitive

Team Manager (MS Team)